

Ultimate Edge
Winter Indoor Soccer Program

Training during the winter months is crucial for the development of youth soccer players. Players can use the off season to work on their individual skills and their tactical understanding of the game. This will serve as pre-season training for players preparing for the spring season.

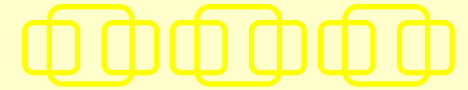


Athletes will be trained by Licensed & certified soccer trainers. For more info on the Head trainer and other programs check out.

www.delawaresoccerclub.com/

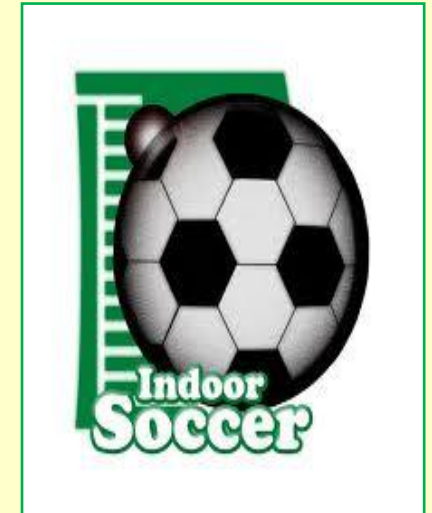
If you're ready to start the New Year off right and you desire to develop your soccer abilities over five sessions of learning and fun, look no further!

Please Register by December 15th
Enrollment space is limited.



2012 Winter Ultimate Edge Training Program

Hosted by Orville Roberts
Delaware Soccer Director of Coaching
& Travel Player development



Training Location:
Sahlen's Sports Park
7070 Seneca Street
Elma, New York 14059

High School Training

Our High School Winter training Program is suitable for players who are seeking high level technical, tactical and physical training. The curriculum is designed to fit the needs of high school age players. Players will be trained by quality trainers who are experienced in working with high level players.

**Registering Girls & Boys
Ages 13-17**

Training Schedule

January 3rd Tuesday 7:30-8:30pm
January 10th Tuesday 7:30-8:30pm
January 17th Tuesday 7:30-8:30pm
January 24th Tuesday 7:30-8:30pm
January 31th Tuesday 7:30-8:30pm

Total Cost \$80

(Includes all 5 training session, rental of field space, trainers fees, and player evaluation.)

The Player Development Training Program is designed for players who are interested in developing their individual skills and technical ability. The program gives players an opportunity to refine existing skills and to learn new ones. In addition to technical training, the program focuses on tactical understanding of the game, soccer intelligence and decision making under pressure. Players learn through close interaction with professional trainers, instructional demonstrations, technical training, skill contests, drills and footwork training. Scrimmages and small side games give players an opportunity to demonstrate what they have learned in a creative setting.

THEMES

- ❖ RECEIVING THE BALL
- ❖ PASSING WITH PRECISION
- ❖ BALL CONTROL & FOOTWORK
- ❖ COMBINATION PLAY
- ❖ DRIBBLING & TURNING
- ❖ ONE-ON-ONE & MOVES
- ❖ SHIELDING
- ❖ GOAL SCORING



2012 INDOOR WINTER TRAINING REGISTRATION FORM

Name: _____
Age: _____
Address: _____
City/Code: _____
Phone: _____
Alternate Phone: _____
Email: _____
Height: _____ Weight _____
Shirt Size _____
School: _____
Travel Club: _____
Premier Club: _____
Select Teams/ODP _____

**Make check payable to:
Orville Roberts dba Ultimate Edge
57 Elmleaf Drive
Cheektowaga, NY 14227
Phone: 716-479-2583**

Parent/Guardian Authorization: I authorize that my daughter/son or ward be admitted to the Ultimate Edge Indoor training program and that the directors act for me in their best judgment in any emergency requiring medical attention. Ultimate Edge or Sahlen's assumes no responsibility for accidents. In case of injury, the participant's family personal insurance company is the primary company of any claim.

Parent/Guardian Name:

Parents Signature: