



Buffalo State College Soccer Technique Training Camp

DECEMBER 27, 28, 29 FROM 9 — NOON

TECHNIQUE TRAINING CAMP FORMAT

- Main focus is on improving technical skills
- Work on moves, feints, turns, ball coordination, passing, receiving, heading, shooting
- Coerver, Ajax and Dutch training methods are being used
- Encouragement of Creativity and Imagination
- Many 1v1, 2v1, 2v2 and other small sided games
- Players are divided up by age group and skill level.
- Staff consists of college coaches, premier club coaches and college players.
- One coach per 8- 10 players!
- All campers receive a T-shirt.
- A certified trainer will be on hand at all times.
- The camp will take place in Houston Gym at Buffalo State College
- Having fun is always a key element!

Want To Become A More Dominant Soccer Player?

Take the Next Step? Improve Your Technical Skills!

The Men's Soccer Program at Buffalo State College is offering a Technique Training Camp during the 2011 Holiday school vacation. On December 27, 28, and 29 from 9—noon soccer players ages 8 –14 will have an opportunity to significantly improve their 'touch on the ball'.

If you want to take the next step as a player and become more dominant, it's of great importance to have superb technical skills. Excellent technical skills make it easier for you beat an opponent in a 1v1 and create a 'man more' situation for your team. Good technical skills will buy you time when you receive a pass because you don't need to take a second or third touch to control the ball. And more time means that you can read game

situations more clearly and make better decisions. Improving your overall play starts with improving your basic technical skills. When



you go to the practice fields of the best soccer teams in the world, you will see that even those players still spend tons of time on improving their basic technical skills. You should too!

Camp Details

Dates and Time:
December 27, 28, 29 / 9- Noon

Where:
Houston Gymnasium
at Buffalo State College

Who:
Open to players of all levels, boys
and girls ages 8—14

Registration Fee:
\$60 Per Player

**Send Registration Form Plus
Payment To;**
Buffalo State College
Men's Soccer, HG 104
1300 Elmwood Avenue,
Buffalo, NY 14222

Questions?
Contact Buffalo State College
Head Coach Rudy Pompert at
pomperra@buffalostate.edu
phone: 716-878-6631

Registration

<u>Players Name</u>	<u>Parent/Guardian Name</u>
<u>Date of Birth</u>	<u>Age</u>
<u>Street</u>	<u>City/Zip Code</u>
<u>Phone</u>	<u>Emergency Phone</u>
<u>E-Mail</u>	<u>T-Shirt Size YL - AS - AM - AL - AXL</u>
<u>Club Team</u>	<u>School</u>

Parent / Guardian Authorization: I authorize that my daughter/son or ward be admitted to the Buffalo State Technique Camp and that the directors act for me in their best judgment in any emergency requiring medical attention. Buffalo State College assumes no responsibility for accidents. In case of injury, the participant's family personal insurance company is the primary company of any claim.

Parent Guardian Signature _____